



NICOLE PERRYMAN, M.A., MSW, RSW CPT
Trauma-informed Equity Consultant | Speaker | Author
Teacher | Psychotherapist

Trauma-informed equity consultant. Speaker. Teacher. Psychotherapist. Change is a process that naturally can occur within our journey. And many times, it is the unexpected, unplanned, and difficult change that questions our sense of purpose in our journey...

Specialties

Black Mental Health | Trauma Intervention | Play Therapy

Professional Highlights

- Child welfare case management and assessment
- Trainer & Facilitator
- Individual, couple and group counselling
- Clinical supervision and peer support
- Assessments, custody and access, supervision, reintegration and family assessments,
- Trauma/abuse assessments and risk assessments

Education & Professional Development

Master of Social Work Degree, University of Windsor | January 2015- December 2016

Masters of Arts in Counseling Psychology, Yorkville University | September 2009-January 2012

Bachelor of Social Work, York University | September 2006-June 2010

Bachelor of Arts- Honors Degree, University of Toronto | September 1996-June 2000

Employment Experience

Aset Group Consulting and Counselling Services

January 2013- Present

- Managing clinical director and Clinical Social Worker for a private practice organization
- Developed and delivered individual counselling programs specializing in mental health, mental health disorders, mental wellness and solution-focused treatment and interventions.
- Provide clinical assessments: trauma, custody/access, family access & reintegration, youth, workplace
- Trainer for caregivers, foster parents, parents
- Group counselling program facilitator

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Blue Hills Child & Family Services

September -December 2016

- MSW placement with focus on community development, organizational change, anti-oppressive and cultural com

Durham Family Court Clinic

July 2012-August 2013 & July, 2014-Aug. 2016

- Intensive support and supervision specialist for facing a custodial sentence with a mental health diagnosis, by supervising their probation order, providing individual and family therapy on an intensive level, advocating for youth in social service sectors which include connecting with educational, assisting with youth employment, housing, bridging to community service, advocacy with probation officer and police services, connecting with psychiatrist and psychologist.
- Conduct TAPP-C assessments and reports to review fire safety, awareness and fire setting behavior

Turning Point Youth Services

September 2013-May 2014

- Clinician for youth and families with mental health difficulties in Ministry-operated residence and in the community

Durham Rape Crisis Center

July 2012-March 2013

- Clinical counsellor to women survivors of sexual trauma
- Facilitated a treatment focused trauma-based group for women

Branching Out Enhanced Therapeutic Services Inc.

November 2008- July 2013

- Individual counselling, play therapist and group facilitator for children and youth in residential or foster care due to neglect, trauma by their parents.
- Family therapist supporting and enhancing parent capacity, attachment, and supervising family visitations.
- Conducted and developed initial treatment assessments, trauma assessments & psych-social assessment reports.

Tropicana Community Services

November 2008-August 2009

- Youth worker supporting civic engagement, community development and youth-led projects.

Durham Children's Aid Society

November 2001-November 2008

- Case manager for children who were in foster care or residential treatment centers providing management of time in child welfare, supervising visitations with parents, preparing court documents and working with a multi-disciplinary team.

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York South Association for Community Living

May 2000-May 2002

- Home supervisor and staff team member for adults with intellectual and developmental challenges in their homes within the community, develop treatment plans, support mental wellness, provided crisis intervention and upheld Ministry requirements.

Bethesda House

June 2001-June 2002

- Counsellor and advocate for women and children fleeing abusive relationships in a shelter, provide advocacy and resources, informal counselling and supportive link to community resources.

Volunteer Experience

OASW- Annual Conference- Poster Presentation- November 2016

Freelance Blog Writer/Developer-August 2013 to Present- Provide regular submissions to: www.nicoleperryman.wordpress.com and www.asetgroupcc.wordpress.com

Congress of Black Women- Ajax-Pickering Chapter- Committee Member- January 2016

Member of committee focused on supporting Black women and their families.

Student-Led Conference @ Dalla Lana School of Public Health –University of Toronto- Abstract Submission-Improving Outcomes for African-Canadian Youth in Child Welfare –October 23, 2015

Presented a poster presentation on improving outcomes for African-Canadian youth in child welfare, highlighting interventions such as narrative therapy, family group conferencing, and holistic interventions to support better outcomes.

Panel Moderator (Law Union Conference) June 9, 2015- Topic: Overrepresentation of Black youth in school disciplinary programs, child welfare and youth justice.

One Vision One Voice- September 2015 to January 2017- Steering Committee member to develop practice framework for Black youth in care.

Excellence Conference- (annual) October 2015 & 2016

The Excellence conference is a program for African-Canadian youth to connect with and meet with African-Canadian mentors and leaders within a variety of professions.

Trent University Practicum Advisory Committee- January 2015 to Present

Member of advisory committee to build field practicum placements.

Ontario Association of Social Workers (Durham-Kawartha Branch)- December 2014- Board of Directors

Canadian Association for Child and Play Therapy- April 2013 to June 2017-Board of Directors (Certification Committee Chair)

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Volunteer Experience (cont'd)

Ontario Association for Children's Aid Society Youth Can Conference-August 19, 2010 & August 24, 2011-Speaker; Co-facilitated workshops on Girl Talk (self-esteem, foster care awareness, bullying)

Girls Inc. of Durham (Teen-Mom program)- 2006-2008- Mentor; Mentor for a youth mother and her baby; engaged in community activities and informal counselling and support.